ROTARY HYMN

I want to be a Rotarian for the world, Make the Rotary flag be a flag of peace unfurled; I will serve my community, Help to seek international unity. Through Rotary, I will dedicate my all, World understanding shall be my cherished goal.

Refrain: With the Four Way Test

I will pursue my quest And if I, in a way help obtain

Peace in the world

Then I won't have lived in vain.

I'll observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family.

Refrain: With the Four Way Test

We'll pursue our quest

And if we, in a way help obtain

Peace in the world

Then we won't have lived in vain.

Build a bridge for tomorrow's youth, Strengthened by nothing but the truth; Let's join our hands, there's no reason to divide. We shall all understand, while the good Lord is our guide.

Refrain: With the Four Way Test

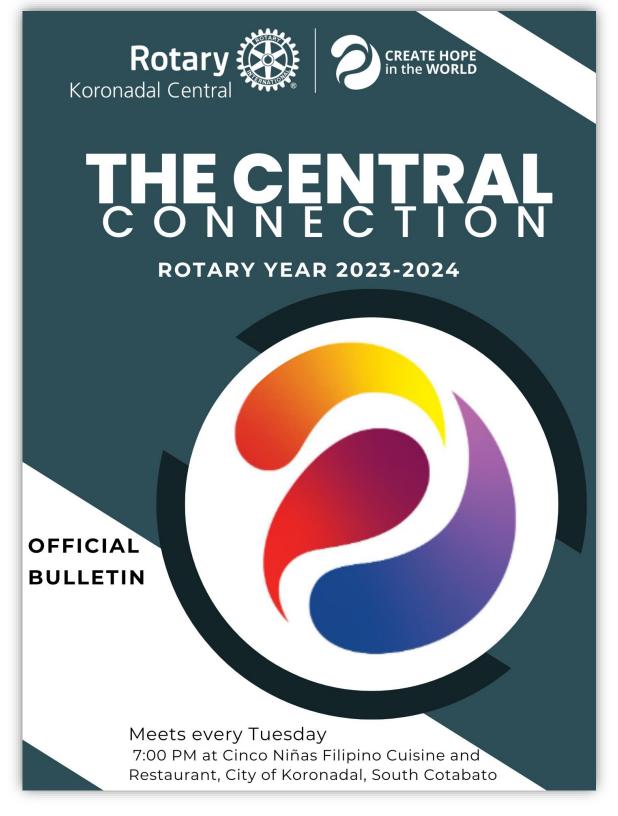
We'll pursue our quest

And if we, in a way help obtain

Peace in the world

Then we won't have lived in vain.

Peace be achieved, So we won't have lived in vain.



The FOUR-WAY TEST

Of the things we think, say or do:
Is it the TRUTH?
Is it FAIR to ALL CONCERNED?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL TO ALL CONCERNED?

OBJECT OF ROTARY

...is to encourage and foster the ideal of service as a basis of worthy enterprise, and, in particular to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARY CODE OF CONDUCT

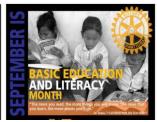
- ✓ Act with integrity and high ethical standards in my personal and professional life;
- ✓ Deal fairly with others and treat them and their occupations with respect;
- ✓ Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world;
- ✓ Avoid behavior that reflects adversely on Rotary or other Rotarians;
- Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.

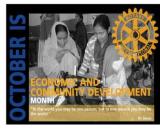
Volume 11 | Issue 13 The Central Connection May 14, 2024

ROTARY OBSERVATION MONTHS

























MAY CELEBRATORS

May 1 Spouse Iasha Dela Cruz

May 4 PP Marybelle Agreda

> May 16 IPP Benjie Hoksuan

> > May 18
> > Rtn. Glen Bastes
> > Rtn. Jeff Aldrex Espulgar

May 21 Spouse Yolanda Cueva



May 19 Pres. Sarah Gapas and Spouse

14th General Membership Meeting and Fellowship

PROGRAM

PART I. REGISTRATION AND DINNER		
PART II. MEETING PROPER		
Call to Order	Pres. Sarah M. Gapas	
Invocation	Overture	
Philippine National Anthem	Overture	
Rotary Hymn	Overture	
Four-Way Test & Object of Rotary		
Secretary's Report	Sec. Hazel Eugenio	
President's Time and Adjournment	Pres. Sarah M. Gapas	
Agenda:		

- 1. DISCON 2024 Review
- 2. Updates re: Golf Tournament 2024 Fundraising Event
- 3. Other matters

Open Forum

PART III. FELLOWSHIP

Prayer

Almighty Father, purify our minds, inspire our lips and sanctify our every move so that we will not only be exemplary Rotarians in thoughts, words, and deeds but, most especially, agents of change towards the highest level of standard and practice in personal and social life. Thank you for the accomplishment that each of us had worked together as manifested in the DISCON 2024. We succeed because you gave us strength and inspiration, knowledge, wisdom, and dedication to the organization. We owe everything unto You. This we pray, amen.



PRESIDENTIAL MESSAGE

R. Gordon R. McInally
RI President 2023-2024



MAY 2024

I am deeply gratified by the enthusiasm shown across the world in the past year to better support the mental health needs of each other and the people we serve.

In January 2023 when I first spoke about the need for Rotary to become more engaged on this crisis, I noted that the global mental health system couldn't be described as broken only because it didn't exist. But I also offered a highly aspirational wish that Rotary could help build that system.

The first glimmers of this vision have been brought to light by you in dozens of mental health projects. But just as important is the invitation many of you have given to fellow Rotary members to share their stories.

I am impressed by the leadership young Rotarians and Rotaractors have shown and by the brave, inspiring stories they have shared. Former Rotaractor Freddie Almazan, a survivor of gun violence who refused to give in to despair, has an especially powerful personal narrative that you can hear firsthand at this month's Rotary International Convention in Singapore.

To create lasting change, the work we do needs to have a sustainable <u>impact</u> on the people and communities we serve. One great example of that kind of impact: Rotary clubs in Colorado endowing a pediatric mental health fellowship at Children's Hospital Colorado.

At the convention, you can also hear from 2024 People of Action honorees lauded for the impact they and their clubs have made through mental health initiatives. Bindi Rajasegaran will talk about a Rotary-led project in Malaysia helping children develop skills to cope with mental health challenges and building capacity for support throughout the country.

In addition, Rita Aggarwal, an officer of the Rotary Action Group on Mental Health Initiatives, will be recognized for her success in applying the Wellness in a Box framework, a mental health literacy approach for adolescents, in her hometown of Nagpur, India. This highly scalable and clinically backed framework can be adapted for use just about anywhere — reach out to the action group if your club would like to support or implement it.

As we look ahead, the Rotary Action Group on Mental Health Initiatives will play a critical leadership role in promoting proven, measurable projects. In doing so, it will empower clubs to focus on initiatives that drive scalable, sustainable impact.

I invite you to go to the Learning Center on My Rotary and check out the Increase Your Impact series, which includes a wonderful short video explaining impact. When we focus on impact, we bring Rotary's vision statement to life, creating lasting change across the globe, in our communities, and in ourselves.

Volume 11 | Issue 13 The Central Connection May 14, 2024

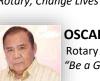
CLUB PAST PRESIDENTS



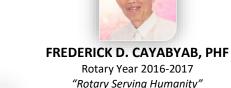
LORETA C. SY, PHF+4 Rotary Year 2013-2014 "Engage Rotary, Change Lives"



ORLANDO N. DELA CRUZ⁺
Rotary Year 2014-2015
"Light Up Rotary"



OSCAR PAGUNSAN Rotary Year 2015-2016 "Be a Gift to the World"



JUANITO C. CUEVA, PHF+3

Rotary Year 2017-2018

"Rotary: Making a Difference"



LEODEGARIO R. SANTOS, PHF+1
Rotary Year 2018-2019
"Be the Inspiration"



RYAN G. DELA CRUZ, PHF Rotary Year 2020-2021 "Rotary Opens Opportunities"



DAPHNY DORRIS P. DOMINGO, PHF+1
Rotary Year 2019-2020
"Rotary Connects the World"



MARYBELLE S. AGREDA, PHF+1
Rotary Year 2021-2022
"Serve to Change Lives"



BENJIE V. HOKSUAN, PHF+1
Rotary Year 2022-2023
"Imagine Rotary"

ROSTER OF MEMBERS			
Nb.	Rotarians	Classification	Spouse
1	Abayon, Leonor C	Insurance Brokerage	-
2	Agreda, Marybelle S., PHF+1	Fuel Distribution	Adonis
3	Asperga, Aaron Andrelle E	Real Estate	-
4	Balaoing, Gideliza R, PHF+2	Entrepreneurship	-
5	Basilio, Lino E, PHF+1	Restaurant Management	Veronica
6	Casado, Lesly Ann A	Secretarial Services	-
7	Cayabyab, Frederick D, PHF	Commercial Banking	Mercy
8	Cordero, Marites M, PHF	Medicine-OB	-
9	Cueva, Juanito C., PHF+3	Security Services	Yolanda
10	Dafielmoto, Basilio E	Government Service- Civil Service	Annabelle
11	Dalaten, Kaharudin G	Government Service-Provincial	-
12	Daraug, Vanessa Joy D.	Hotel Management	-
13	Daraug, Ricardo Delos R	Real Estate	-
14	Daraug, Rickson Jay D	Hotel Management	-
15	Dela Cruz, Ryan G., PHF	School Administration-Tertiary	lasha
16	De Lima, Allan C	Government Service-City Environment	-
17	Domingo, Daphny Domis P., PHF+1	Government Service-Environmental	-
18	Espulgar, Jeff Adlrex B	Government Service-Investigator	-
19	Elauria, Dobie Josh R	Government Service	-
20	Eugenio, Kristine Hazel J.	Medical Services	-
21	Filipinas, Leana	Medicine	-
22	Gapas, Sarah M, PHF	Entrepreneurship	Antonio
23	Go, Enrico Jacinto A	School Administration-Tertiary	Dona
24	Hoksuan, Benjie V., PHF+1	Government Service-Municipal	Mary Jane
25	Hollite, Maribel S, PHF	Cable Management	Moises Rhonell
26	Hurtado, Marie Antonina I., PHF	Government Service-Provincial	-
27	Ilao, Yolanda C., PHF+3	Real Estate Broker	-
28	Labiao, Kristian N	Motorparts Management	Hebah
29	Macaludos, John Farid K	Government Service-Legal (DTI)	-
30	Mari, Nervielle R	Government Service-Health Insurance	Nmfa
31	Matinong, Miguel M	Government Service-Provincial	Agnes
32	Porquez Joeden	Optometrist	-
33	Pingoy, Dagny S, PHF+3	Hotel Management	Gerard Samuel
34	Punsalan, Krisjuper Andreo J.	Government Service-Miltary	Regina
35	Rabor, Kevin O.	Medicine-General Practitioner	-
36	Santos, Leodegario Jr. R, PHF+1	Tire and Battery Distribution	Ruth
37	Sarmiento, Alejandro Jr. T.	Medicine-Pediatrics	Glezel
38	Sueno, Bahandi B, PHF	Restaurant Management	-
39	Sueno, Perfecto, Jr. D., PHT+8	Fuel Distribution	Marilou
40	Sy, Loreta C, PHF+4	Construction Materials Distribution	Victoriano Sr.
41	Sy, Eleosie Y.	Store Management	Victoriano Jr.
42	Taghap, Marlon N, PHF	Government Service	Arianne
43	Vargas, Mary Cris E	Medicine-Obstetrics/Gynecologist	-
44	Velasco, Dennis A, PHF	Judiciary	Jennifer

Volume 11 | Issue 13 The Central Connection May 14, 2024



Club President's Message

Rtn. Sarah M. Gapas

As our Rotary year comes to a close, I am filled with an overwhelming sense of pride and gratitude for each and every one of you. Together, we have accomplished incredible feats, and our dedication to service has not gone unnoticed.

I am thrilled to announce that our club has been recognized for our outstanding contributions at the recent District Conference 2024. It is with immense pleasure that I share the news of the awards we have received, which stand as a testament to the hard work, commitment, and passion of our members.

Our achievements, whether big or small, would not have been possible without the collective effort of our dedicated team. From our impactful community projects to our commitment to Rotary's core values, each member has played an integral role in shaping our success.

I want to extend my heartfelt gratitude to each of you for your unwavering support and dedication throughout this Rotary year. Your enthusiasm and willingness to serve have truly made a difference in the lives of those we aim to help.

As we reflect on the past year's accomplishments, let us also look forward to the opportunities and challenges that lie ahead. Together, there is no limit to what we can achieve as we continue to embody the spirit of Rotary and make a positive impact on our community and beyond.

Moving forward with our 3rd President's Cup Golf Tournament, a fundraising activity on June 2, 2024 of which I am incredibly amazed with the preparation set by our committee led by its Chairperson, PP Marybelle Agreda.

Once again, thank you for your commitment, your passion, and your unwavering dedication to Service Above Self. It is an honor to serve alongside each and every one of you.



Secretary's Report

Rtn. Hazel Eugenio

1. As we bask in the glow of our recent achievements at the District Conference 2024 in Davao City, I am filled with immense pride and gratitude for each of you who represented our club with excellence and dedication.

A heartfelt thank you goes to:

- PDS Perfecto Sueno, Jr.
- Past Assistant Governor Loreta Sy and Spouse Victoriano Sy, Sr.
- President Sarah Gapas
- Executive Secretary Maribel Hollite
- Past President Johnny Cueva and Spouse Yollie
- President-Elect Alex Sarmiento

We also extend our congratulations for achieving the Silver Category Award across all areas and for the Award of Recognition bestowed upon our President Sarah Gapas, a beacon of hope. Let's raise a toast to our collective success!



2. The approaching 3rd President's Cup: Golf for a Cause on June 2, 2024 is fast approaching. Kindly help spread this activity to your friends and extend invitations to golf enthusiasts to register and play. Let's also seek out generous sponsors who are eager to contribute to Rotary's community initiatives. A special note of appreciation to Suzuki and Kawasaki for their generous hole-in-one prizes.



Volume 11 | Issue 13 The Central Connection May 14, 2024

Trustee's Chair Message

Barry Rassin



MAY 2024

There is something magical about Rotary. Even after all these years of being a member, I continue to be amazed by it.

Take successful leaders from various backgrounds and professions and bring them together under a set of core values with service at the center. Add networks and friendship and then watch the magic start happening.

It's you — Rotarians and Rotaractors — who make that magic happen. You are the business and community leaders and the entrepreneurs who bring your passions, skills, and interests to everything we do. It's you who think outside of the box and apply what you know to serve others.

I see the same magic in Rotary Foundation grants that are funded by you and led by you.

It's present in the partnership between Rotary clubs in Canada and Uganda that supports economic and community development vocational training at the same time. This global grant-funded initiative trains Ugandan youths in welding and related skills to make wheelchairs for a children's home serving people with disabilities. Technicians receive training in Canada and return home with valuable skills to start enterprises, helping meet the need for wheelchairs in the community.

Another global grant-supported project that reflects Rotary's entrepreneurial spirit is in Guatemala. To address the challenges of limited internet access for rural schools, a host club in Guatemala partnered with Irish members to initiate a project that is equipping six schools and three community centers in the rural Sololá area with plug-and-play servers containing educational materials like books and videos. The grant also furnishes laptops and uninterruptible power supplies and trains teachers, benefiting about 1,800 individuals as it leverages technology for literacy and education.

Don't forget: Foundation global grants also support scholarships. One such scholarship, sponsored by Italian and German clubs, focuses on artificial intelligence in disease prevention and treatment. Italian scholar Salvatore Galati conducted research at a university in Bonn, Germany, using AI algorithms to analyze vast datasets for innovative drug development. Such computer-aided approaches can reduce costs and research time in the development of lifesaving drugs.

It's fantastic to see us innovating and incorporating new approaches and technology into our Foundation grants.

I look forward to meeting many of you at the 2024 Rotary International Convention in Singapore in a few short weeks, where we will learn about new opportunities to serve and innovate. It will be a chance to celebrate that Rotary magic and the many ways we *Create Hope in the World*.

DISTRICT CONFERENCE 2024

May 3-4, 2024 at Dusit Thani and Azuela Cove, Davao City





Areas 3FGH Committee Meeting May 11, 2024 at The Moonplate Resto and Grill





Areas 3FGH Committee Meeting May 11, 2024 at The Moonplate Resto and Grill





DISTRICT CONFERENCE 2024 May 3-4, 2024 at Dusit Thani and Azuela Cove, Davao City



